

ENGLISH



SPA NAVIS
OPATIJA

massages

facial
treatments

feet care
rituals

THĒMAĒ
PARIS

...an exclusive range of treatments that
exalts the wonders of tea in all its forms.

MASSAGES

HOT SHELL MASSAGE*

Relaxing massage with hot shells for deep body relaxation

40 min	350 Kn
75 min	480 Kn

OLIVE SCRUB MASSAGE

A ritual comprised of an all-natural olive scrub and a full-body massage

75 min	430 Kn
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GLOBAL ENERGY

Intensive, revitalising massage with special oils that relaxes tense muscles and creates deep relief

40 min	300 Kn
75 min	450 Kn

AROMASOUL MASSAGE

A ritual that will take you on a Mediterranean journey through four different dimensions.

Oriental massage (relaxes), Mediterranean (tones and energises), Indian (relaxes the muscles and stimulates the circulation), Arabian (restores and fortifies)

55 min	440 Kn
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DE-STRESS MASSAGE

A relaxing back, neck, and face massage

35 min	300 Kn
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SPORTS MASSAGE

Deep massage of all tissues and muscles

25 min	300 Kn
55 min	450 Kn

FEET RITUALS

FOOT RITUAL & SCRUB

Quick and highly effective ritual for fresh and soft feet

15 min	200 Kn
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FOOT REFLEXOLOGY

Acupressure point foot massage

35 min	280 Kn
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*Massage is suitable for pregnant women

THEMAE FACE TREATMENTS

INSTANT GLOW TEA FACIAL

Express facial which totally refreshes the skin. You are led through a series of gentle phases; cleansing, a de-stress facemask and massage.

30 min 330 Kn

HYDRATION STRATEGY BRILLANCE

This delicate treatment is the perfect escape for tired, dull skin.

Skin will feel intensely hydrated and completely rested.

50 min 450 Kn

THEMAE INTENSE MOMENTS

THEMAE CEREMONY BODY & FACE

This all-over treatment combines body massage with the facial

Hydration Strategy-brillance facial for head to toe well-being.

75 min 630 Kn

THEMAE MASSAGE & RITUALS

REGENERATING BACK MASSAGE

Treatment combines deep muscular techniques and Thai stretching. Ideal for people seeking invigoration or those suffering from persistent back tension.

25 min 250 Kn

50 min 430 Kn

AYURVEDIC MASSAGE

Deep and powerful treatment uses intensely work on muscle tissue with a movements which are both invigorating and stimulating.

50 min 400 Kn

75 min 470 Kn

LOMI MAE

This massage relaxes the body and relieves muscle tension.

Reproducing the ebb and flow of the ocean, you just have to let yourself be rocked, gently, by successive waves.

50 min 450 Kn

SLIMMING CEREMONY

This treatment activates the cell's metabolism. Boosted by foot and scalp massages, your total relaxation enables the skin to rediscover its suppleness and firmness.

75 min 500 Kn

DETOX MASSAGE

Ideal for relieving the stresses of city living and feelings of heaviness in the legs.

50 min 400 Kn



SPA NAVIS

OPATIJA

Hotel Navis Opatija
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Appointments cancelled 24 hours in advance shall not be charged.
Missed appointments that were not cancelled shall be charged in full.